



GROWING SCHOOLS

ELEMENTARY WORKSHOPS



GROW



LEARN



CONNECT

LifeCycles Growing Schools Program makes gardening with an entire class easy! We deliver fun, hands-on workshops that are linked to curriculum and developed through 20 years of elementary school programs. Our experienced team of educators supplies workshop materials, extending further resources, and the LifeCycles' School Garden Guide. We work with teachers to bring learning alive and transform your schoolyard garden into an outdoor classroom!

PRICES & PACKAGES

We offer 3 workshops per day so that we can engage multiple classes during each school visit. Team up with other teachers in your school and choose from our selection of workshops.

**1 DAY OF
WORKSHOPS**

3 classes

\$150

**3 DAYS OF
WORKSHOPS**

9 classes

\$400

**6 DAYS OF
WORKSHOPS**

18 classes

\$800

CONTACT US TO REGISTER!

Visit our website for more info and a list of grants that can help fund this program.

growingschools@lifecyclesproject.ca | 250-383-5800 | www.lifecyclesproject.ca

GROWING SCHOOLS SPRING WORKSHOPS



EAT YOUR MICRO-GREENS

Growing micro-greens is as easy as 1-2-3. This session focuses on plant cycles, nutrition & indoor gardening. Students will learn how to grow micro-greens in the classroom through tasting, planting and making their own sprout heads!



READY. SET. GROW!

Dig into urban agriculture by learning how to grow food. We take classes outside and get planting! Our garden educators mentor students through hands-on activity stations in soil building, transplanting and garden care.



WILD ABOUT NATIVE POLLINATORS

Students will be buzzing with excitement in this interactive workshop on the lives of native pollinators. We will explore why native pollinators are vital to our ecosystems through skits, games, and making pollinator habitat.



TEA TIME! HEALING WITH PLANTS

Drink up this sensory study of healing plants and the power of teas to support wellness. Together we will explore healing herbs and how they impact health. Students will taste a selection of herbal teas and make their own herbal tea blend.



WAKE UP SLEEPY SEEDS

Investigate the wonder of seeds, diversity, and germination in this indoor planting session! Students will apply their learning by mixing growing medium and starting seedlings that can be transplanted into their school garden.



CELEBRATE THE HARVEST

“Lettuce” celebrate the end-of-school! Students will learn about how food arrives on our plates and the health benefits of vegetables as we work together to harvest, prepare, and eat a colourful community meal!

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