Staff and Program Support

Maurita Prato, Director

Mary Tooley, Accounting & Administrative Coordinator
Jenny McCartney, Fruit Tree Project Coordinator
Tim Fryatt, Social Enterprise & Harvest Coordinator
Jesse Howardson, Farm Gleaning & Seed Coordinator
Angela Moran, People Plants and Homes Coordinator
Julia Ford, Welland Orchard Coordinator
Matthew Kemshaw, Program Manager
Emilie Parish, Growing Schools Coordinator
Kayla Siefried, Growing Schools Coordinator
Michelle Brown, Summer Student
Krystal Monych, Summer Student
Holly Brinkman, Summer Student
Katie Lore, Summer Student

Board of Directors

Jess Margolus Tim Ewanchuk Erich Nahser-Ringer Lee Fuge Rhianna Nagel Matt Hulse Regan Macdonald



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We live and work on the unceded and unsurrendered territories of the Lekwungen people

Major Contributors

Vancouver Foundation Victoria Foundation

BC Gaming Commission HRDC

United Way TD Green Streets and FEF BC Housing Luna Trust

Town of View Royal City of Victoria
Vancity Municipality of Saanich

Contributors listed here gave \$10,000 or more to support our work.

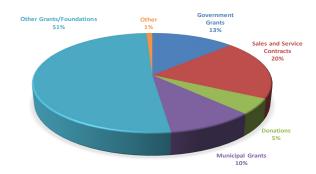
Program Partners

BC Housing CR-FAIR
Town of View Royal Food Share Network
Spinnakers PEPÁKEN HÁUTW
Greater Vic. Public Library The Mustard Seed

Shelbourne Comm Kitchen

Our work is supported by a wide network of over 100 collaborating organizations, including: farms, restaraunts, community centres, non-profits, neighborhood groups and more. You know who you are; please know that we are grateful to be your ally.

2016-17 Revenues



LifeCycles works to cultivate awareness and action around food, health and sustainability. Our innovative programs empower diverse communities to access and eat healthy local foods.

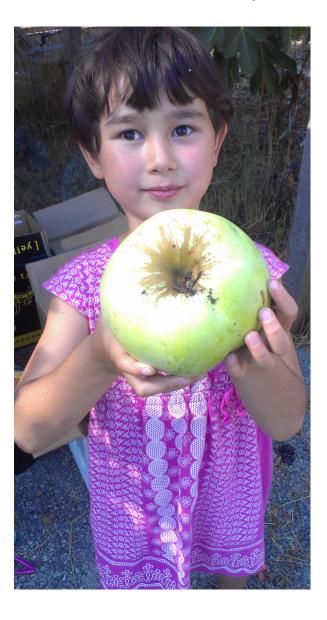
Together we can feed ourselves from the place where we live.

Your Support Matters
Become a monthly donor today
LifeCyclesProject.ca/donate/

Tax receipts provided for all donations over \$20



2016-17 Annual Report



Year in Review

This year, LifeCycles harvested **66,200** lbs of local food and facilitated **241** food related workshops and events. Our work was supported by **650** interested volunteers and well over **100** community agencies.

Directors Report

LifeCycles now has a Management Team! We've spent the winter restructuring staff roles, in order to promote a culture of abundance and foster our capacity to create together. We are excited to introduce a new Executive Director, Matthew Kemshaw and new Program Managers: Shereen Kukha-Bryson, Jenny McCartney and (on an interim basis) Tim Fryatt.

Our team is increasingly comprised of professional folks with experience in the fields of: food justice, experiential education, orchard management, community engagement, program evaluation and garden design.

Our strategic plan for the coming years has us focusing on improving the efficiency and effectiveness of our community based programs, while developing creative, healthy social enterprise opportunities to enable the long-term health and sustainability of our organization.

We look forward to a diverse and flourishing future here on the Coast Salish Territories of southern Vancouver Island. Let's continue to work together to connect people with the foods they eat and the lands, air and seas it comes from! LifeCycles will remain an organization committed to volunteerism and the power of people working together.



Fruit Tree Project

Harvested **+58,000** lbs fruit from **633** trees and **332** properties. **405** volunteers gave **1550** hours. Distributed: **24,700** lbs to community, **3,800** lbs to homeowners, **15,500** lbs to volunteers, **14,000** lbs to our social enterprise. Did it all with **46** community partners.

We broke all of our records in 2016 and were only able to reach slightly more than half of the trees registered for our service. We realized that the Fruit Tree Project is about much more than rescuing fruit, it's about connecting people and supporting an engaged, local food movement. We began to really see the urban orchard for the trees.

In 2016 we pressed **900L** of juice, which was fermented and prepared for next season's run of Backyard Blend cider; harvested by us, made and distributed by the fine craftspeople at Spinnakers.

Farm Gleaning

8,200 lbs of produce gleaned from **7** farms ranging from **.5 acre – 150 acres**. Market value of gleaned produce was **\$24,400**. Gleaned **40** different varieties of vegetables and provided over **44,000** servings to the Mustard Seed.

In our second year we successfully grew this farm gleaning pilot into a more robust program, and are looking forward to further growing our capacity in 2017, thanks to a partnership with the FNRG.



Growing Schools

84 workshops hosted in **28** classrooms, reaching **700** students. **1** Professional Development Workshop hosted for **21** teachers.

This year we began redesigining Growing Schools. Our goal is to support K-12 schools in creating healthy, functional schoolyard gardens as outdoor learning grounds. Our program integrates cultural sharing and ecological well-being in an inclusive, school-led plan. We continued to support and learn from the PEPÁKEN HÁUTW Project at ŁÁU,WELNEW Tribal School in Brentwood Bay BC (WSÁNEĆ territory).

Community Food Programs

Hosted **48** workshops, **34** events and distributed **7645** garden supplies (including **4975** plants) in **10** BC Housing communities, as part of the People Plants and Homes program. Hosted **5** food preservation workshops and **1** Food Preservation "Train-the-Trainer."

Our work coordinating the People, Plants and Homes Program for BC Housing has seen a 25% increase in participation over last year, thanks to consistent coordination and leadership. This year we also participated in: the Neighborhood Food Hubs Working Group, Food Share Network, Victoria Urban Food Table and the Saanich Food and Agriculture Task Force.



Welland Community Orchard

Hosted **16** educational workshops attended by **322** people. Facilitated **17** work parties and **165** volunteers. Cared for **250+** unique heritage fruit trees and grafted and distributed trees from our heritage nursery on site. Harvested **2,780 lbs** of fruit.

Relationships continue to grow at the orchard, as community members continue to take on more leadership and responsibility for the site. Special thanks to the Town of View Royal for their support of this innovative project.

Seed Library

Distributed over **4kg** of seed to **9** community seed projects across BC and supported the establishment of **5** new seed libraries. The Victoria Seed Library distributed **431** packs of seeds to **107** people and grew its membership to **418** people, while hosting **35** workshops and events attended by over **2,000** people.

Presented at Organic Seed Alliance and Certified Organic Association of BC conferences. Supported community seed network development in partnership with seed sharing leaders across North America.